



East Bay Center for
DIGESTIVE
HEALTH

Paul S. Chard, M.D., Ph.D.
E. Michael Darby, M.D.
Thomas B. Hargrave, III, M.D.
Susie Ng, M.D.
Neil H. Stollman, M.D.
Liana Vesga, M.D.
Silvia M. Villagomez, M.D.
Danny Wu, M.D.

Breath Test Patient Preparation

PATIENT NAME: _____

DATE OF EXAM: _____ @ _____

In preparation for Breath Test, the patient must:

1. Fast for 1 hour prior to taking the test.
 - a. No food, liquids or smoking
2. Abstain from the following medications for 2 weeks prior to the test, as these may cause a false negative result.
 - a. All antibiotics
 - b. Proton pump inhibitors, such as Prilosec, Prilosec OTC, Prevacid, Aciphex, Protonix & Nexium.
 - c. Generic versions of PPIs containing omeprazole, lansoprazole, esomeprazole, pantoprazole and rabeprazole.
 - d. Bismuth preparations, such as Pepto Bismol.

H2 antagonists, such as Zantac, Pepcid and Axid, may be substituted for PPIs. These medications do not affect test results and you may take as needed to control your symptoms.

Before test administration, all patients should be asked the following questions:

1. Have you had anything to eat, drink or smoke in the last hour?
2. Are you on any medications?
3. Are you sensitive to aspartame? (the sweetener used in diet soft drinks)

If you have not followed the instructions above, your test may have to be rescheduled.

CANCELLATION POLICY: If you are unable to keep this appointment, kindly give us 24 hours notice or you will be charged a \$25 cancellation fee.

