

***We are contracted with the following insurances***

Aetna  
Affinity Medical Group  
Alameda Alliance  
Alta Bates Medical Group  
Anthem PPO (Blue Cross) – except for those plans mentioned below  
Blue Shield  
Brown and Toland (East Bay region)  
CHCN (Community Health Care Network)  
Cigna PPO  
Easy Choice  
First Health  
Health Smart  
Health Net PPO  
Hill Physicians  
Humana  
Medicare  
Medicare/Medi-Cal  
Multi Plan (look for their logo on your card)  
Private Payers (such as Mail Handlers, Laundry Workers, Center for Elders, etc.)  
PHCS (look for their logo on your card)  
Sutter East Bay Medical Group (we are affiliated, we can see you with an authorization)  
Sutter Select  
Tricare Standard  
Tricare for Life  
United Health Care  
UMR

***We are not contracted with the following plans; (if you have out-of-network benefits we will accept your insurance)***

Anthem Blue Cross (Covered California, Pathway, Select PPO Plans and Narrow Network)  
Cigna (Local Plus Plans)  
Health Net (Pure Care Network and Covered California Plans)  
John Muir Network  
Tricare Prime (we can only see you with an authorization)  
Triwest (we can only see you with an authorization)  
Medi-Cal (unless it is secondary to Medicare)

***If your insurance is not listed and you would like to confirm if we accept and/or are contracted, please call our office.  
Thank you.***

